



Reflecting the Fire of the Holy Spirit

A Summer Mini Retreat for Yourself or in a Group
Designed for Adults ♦ 45 - 50 minutes

Reflecting the Fire of the Holy Spirit is a summer mini retreat that unique invitations to pause, reflect, and rekindle the fire of the Holy Spirit. Allow this summer to be a time to deepen faith, foster community, and reignite the flame of divine love in our hearts. Grow closer to the Holy Spirit, offering opportunities for prayer, reflection, community engagement, and personal development.

For Group Retreats —

- The leader reads only twice and will need to organize the retreat.
- There needs to be six readers, or a few that take turns.
- Writing paper is at the end of the retreat script, for convenience. But each person will need something to write with.
- Each table will need a
 - Catholic Bible, Candle, Rosary, or any sacramental objects that draw your attention toward spirituality.
- Attendees need to sit at tables, so they may write.
- The retreat is for adults.
- The duration of 45-50 minutes depends on how much time it takes to answer or meditate the questions. Reading the whole retreat takes close to 8 minutes. But, to meditate and answer questions, that's where the time goes. Please allow accordingly.
- Mini Retreats can be a part of a meeting or a special event after Mass, or a special event on the weekends or in the evening. Use your creativity.

For Individual Retreats —

- As the sole person, you will be the reader of all parts.
- Writing paper is at the end of the retreat script, for convenience. You will need something to write with, along with a Catholic Bible, a candle, a rosary, images of saints, or any sacramental objects that draw your attention to the sacred and a smart phone or something to connect with the internet.
- To make it easier to write, consider sitting at a table,
- The retreat is for adults.
- The duration of 45 minutes depends on how much time it takes to answer or meditate the questions. Reading the whole retreat takes just under 8 minutes. But, to meditate and answer questions, that's where the time goes. Please allow accordingly.

Gratitude —

Thank you for joining this summer mini retreat. Taking time for reflection and spiritual growth can bless you and those around you. I hope this experience brings you clarity, insight, and renewal.