

Reflecting the Fire of the Holy Spirit



A 45-50 min. Mini Prayer Retreat
Designed for Confirmation Students

Preparing Yourself

Leader: Preparing for the Sacrament of Confirmation is the perfect time to stop, think, remember, and awaken the fire of the Holy Spirit. Let this time strengthen the faith in ourselves, and reignite the flame of divine love in our hearts.

All: Holy Spirit, we come before You, requesting renewal and lighting our way. Let Your Holy Fire burn away all that is tired and cold in us; wake up our hearts with faith, hope, and love. Move through each moment of this retreat, filling our minds and souls with wisdom, clarity, courage and peace. May you shine brightly within each of us and draw us closer to you.

Send your flame, O Holy Spirit, that we may awaken our thoughts, prayers, and breath as a gift of love. Let our spirits burn with the desire to serve, to listen, and reflect your goodness in everything that we do. Amen.

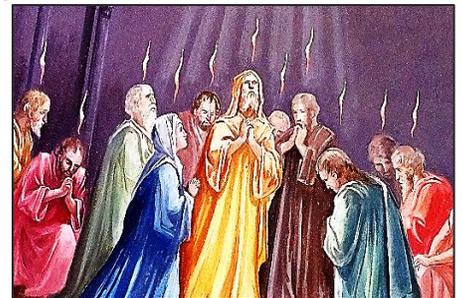
Reader 1: Let's prepare our hearts to receive the Holy Spirit.

- ◆ Close your eyes, place yourself in a quiet place of peace.
- ◆ In your heart and the silence, feel the peace and prayerfully ask the Holy Spirit to guide your retreat: "Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love."

Awaken to the Presence of the Holy Spirit

Reader 2: We begin with concentration on the Holy Spirit, because he is both gentle and life-changing, like the soft breeze that moves the trees or a silent spark that lights the fire. In the bible image of Pentecost, tongues of flame rest upon the disciples, filling them with courage and wisdom.

- ◆ (Read Galatians 5:22-23 to everyone)



Reader 3: (Read Isaiah 11:2-3 to everyone. Then instruct each table to complete the items below.)

- ◆ Using the lined paper on the last page, answer:
 - Which gifts (wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord) do you most want to grow within yourself?
 - Which fruits (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control) do you already see growing in your life?
- ◆ Spend 1-2 minutes in silence, inviting the Holy Spirit to reveal new stirrings in your soul. Pray "Veni Sancte Spiritus," a Latin phrase, meaning "Come, Holy Spirit."

Gratitude for Holy Spirit's Gifts

Leader: The next page has the Holy Spirit's symbol on top, with seven flames with an outline.

1. On each flame, write the name of a gift of the Holy Spirit, inside the outline.
2. Then, write what that gift gives to you and how it helps you. You can use the back of the page if you need more room.



