

Reflecting the Fire of the Holy Spirit



A Mini Retreat for Yourself or in a Group
45-50 minutes ♦ Designed for Adults

Reflecting the Fire of the Holy Spirit is a summer mini retreat that unique invitations to pause, reflect, and rekindle the fire of the Holy Spirit. Allow this summer to be a time to deepen faith, foster community, and reignite the flame of divine love in our hearts. Grow closer to the Holy Spirit, offering opportunities for prayer, reflection, community engagement, and personal development.

For Group Retreats —

- The leader reads once and will need to organize the retreat.
- There needs to be five readers, or a few that take turns.
- Writing paper is at the end of the retreat script, for convenience.
- Each person will need a writing utensil and a candle
- Attendees need to sit at tables, so they may write.
- Each table will need a:
 - Catholic Bible,
 - Rosary, images of saints, or any sacramental objects that draw your attention toward spirituality.
- The retreat is for adults.
- The duration of 45-50 minutes depends on how much time it takes to answer or meditate the questions. Reading the whole retreat takes close to 8 minutes. Please allow accordingly.
- A break can be taken any time, if needed.
- Mini Retreats can be a part of a meeting or a special event after Mass, or a special event on the weekends or in the evening. Use your creativity.

For Individual Retreats —

- As the sole person, you will be the reader of all parts.
- Writing paper is at the end of the retreat script, for convenience. You will need something to write with, along with a Catholic Bible, a candle, a rosary, images of saints, or any sacramental objects that draw your attention to the sacred and a smart phone or something to connect with the internet.
- To make it easier to write, consider sitting at a table,
- The retreat is for adults.
- The duration of 45-50 minutes depends on how much time it takes to answer or meditate the questions. Reading the whole retreat takes just under nine minutes. Please allow accordingly.
- A break can be taken any time, if needed.

Gratitude —

Thank you for choosing to participate in this springtime mini retreat for adults. Setting aside time for reflection and spiritual growth can be beneficial to both you and those around you. I hope this experience provides you with greater clarity, insight, and a sense of renewal. Wishing you a rewarding retreat experience.