



A Mini Retreat for Yourself or in a Group
40-50 minutes ♦ Designed for Reconciliation

Winter's quiet invites us to draw close to God's gentle presence. This mini retreat designed for Reconciliation invites you to notice winter's beauty: the clarity of frost, the peace of stillness, and the hope in awaiting spring. Here, we create space for grace, letting our souls rest, listen, and be transformed by Christ.

For Group Retreats —

- ◆ The leader reads twice, organizes the retreat and makes copies for each person.
- ◆ There needs to be five readers, or a few that take turns.
- ◆ A Catholic Bible for each table.
- ◆ Attendees may sit at tables.
- ◆ The retreat is dedicated to Reconciliation.
- ◆ The duration of 40-50 minutes depends on how much time it takes to answer or meditate the questions. Reading the whole retreat takes close to 8 minutes. Please allow accordingly.
- ◆ A break can be taken, if needed, at any time.
- ◆ Mini Retreats can be a part of a meeting or a special event after Mass, or a special event on the weekends or in the evening. Use your creativity.

For Individual Retreats —

- ◆ As the sole person, you will be the reader of all parts.
- ◆ You will need a Catholic Bible.
- ◆ The retreat is dedicated to Reconciliation.
- ◆ The duration of 40-50 minutes depends on how much time it takes to answer or meditate the questions. Reading the whole retreat takes just under eight minutes. Please allow accordingly.
- ◆ A break can be taken, if needed, at any time.

Gratitude —

Thank you for choosing to do this winter mini retreat for Reconciliation. Your willingness to set aside time for reflection, prayer, and personal growth is a true gift to yourself and those around you. May this journey bring you renewed peace, deeper insight, and a sense of spiritual refreshment. Blessings on your retreat experience!