



A Mini Retreat for Yourself or in a Group
40-50 minutes ♦ Designed for Families

Winter's quiet invites us to draw close to God's gentle presence. This mini retreat designed for CCW members invites you to notice winter's beauty: the clarity of frost, the peace of stillness, and the hope in awaiting spring. Here, we create space for grace, letting our souls rest, listen, and be transformed by Christ.

Instructions for this family mini retreat —

- ♦ The leader reads twice, organizes the retreat and makes copies for each person.
- ♦ There needs to be four readers, or a few that take turns.
- ♦ Writing or drawing space is at the end of the retreat script, for convenience. But each person will need something to write/draw with.
- ♦ Family members should sit at a table, so they may write/draw.
- ♦ The duration of 40-50 minutes depends on how much time it takes to answer or meditate the questions. Reading the whole retreat takes close to 8 minutes. Please allow accordingly.
- ♦ A break can be taken, if needed, at any time.

Gratitude —

Thank you for choosing to do this winter mini retreat for families. Your willingness to set aside time for reflection, prayer, and personal growth is a true gift to yourself and those around you. May this journey bring you renewed peace, deeper insight, and a sense of spiritual refreshment. Blessings on your retreat experience!